

## BRIGHT FUTURES K TOOL FOR PROFESSIONALS

## Pediatric Symptom Checklist (PSC)

Emotional and physical health go together in children. Because parents are often the first to notice a problem with their child's behavior, emotions, or learning, you may help your child get the best care possible by answering these questions. Please indicate which statement best describes your child.

Please mark under the heading that best describes your child: Never Sometimes Often Complains of aches and pains 1 2 2. Spends more time alone 3 3. Tires easily, has little energy Fidgety, unable to sit still 4 4. 5. Has trouble with teacher 5 Less interested in school 6 Acts as if driven by a motor 7 Daydreams too much 8 9 Distracted easily 10. is afraid of new situations 1:0 11. Feels sad, unhappy 11 12. Is irritable, angry 12 13. Feels hopeless 13 14. Has trouble concentrating 14 15. Less interested in friends 15 16 16. Fights with other children 17. Absent from school 17 18. School grades dropping 18 19. Is down on him or herself 19 20. Visits the doctor with doctor finding nothing wrong 20 21. Has trouble sleeping 21 22. Worries a lot 22 23. Wants to be with you more than before 23 24. Feels he or she is bad 24 25. Takes unnecessary risks 25 26. Gets hurt frequently 26 27. Seems to be having less fun 27 28. Acts younger than children his or her age 28 29. Does not listen to rules 29 30. Does not show feelings 30 31. Does not understand other people's feelings 31 32. Teases others 32 33. Blames others for his or her troubles 33 34. Takes things that do not belong to him or her 34 35. Refuses to share 35 Total score \_\_\_ Does your child have any emotional or behavioral problems for which she or he needs help? ( ) N ( ) Y Are there any services that you would like your child to receive for these problems? ( ) N ( ) Y If yes, what services?\_\_\_